



#### Marshfield School District Wellness Committee Agenda

**Date:** Tuesday, September 27, 2016

**Location:** Marshfield High School Library

**Time:** 3:30 p.m. –4:30 p.m.

**Attendees:** Shelly Schneider, Sarah Salewski, Laura Zelenak, Megan Rheume-Brand, Theresa Balinghasay, Lea Hanke, Cindy Scharenbroch, Josh Miller, Kendra Ferreyra, Deb Englehart, Jill Kupfer

- 1) Welcome and Introductions
- 2) Review June Minutes
  - a. The June minutes were reviewed and accepted. No changes were made.
- 3) Wellness Bags Update – Middle/High School
  - a. Middle School: Bags were given out at the first staff meeting. Teachers are using them in various ways such as recognizing students for positive behaviors. Feedback on bags was appreciative.
  - b. High School: Not distributed yet; Laura placed them in Stacey's office, followed up by email to Stacey and Tami. **Action:** Tami offered to distribute them at the next MHS staff meeting.
- 4) Farm to School Update
  - a. Great Lakes Apple Crunch
    - i. Review poster: Poster draft was passed around. Sarah informed group that apples will be sourced from Berryland Farm in Auburndale, Wisconsin. **Action:** Laura will input the correct information into the poster and will send the final draft by email. On the Apple Crunch day, Sarah will deliver washed apples to the school district.
  - b. Midwest Menu – October 6<sup>th</sup>
    - i. On this day, all foods in school lunch will be procured including Hewitt Meats hot dogs, homemade hot dog buns, carrot sticks, milk, and Ocean Spray dried cranberries.
  - c. Grant for Farm to School (update from Sarah)
    - ii. The USDA provides \$5 million in grants for Farm to School programs in schools. These programs can include anything from education, procurement of food from farmers, having a school garden, etc. **Action:** For interested schools, the deadline to apply for a grant is early December (<http://www.fns.usda.gov/farmtoschool/farm-school-grant-program>)  
**Action:** Sarah will be meeting with Food Service Directors on October 5 to discuss the grant and potential opportunities in Wood County. **Action:** Lea will email Mr. Nicksic at MMS to discuss ideas for grant award, will inform Laura upon response





- 5) Walk to School Day, Walk/Bike to School Challenge
  - a. Walk to School Day: Banners were distributed to committee members that represent each school. Gordy Earl, the President of the Marshfield Common Council, will be participating in the Grant School walk. Action: Committee members will ask custodial staff to hang banners. Deb will collect Nasonville Banner from CCO office to give to Nasonville.
  - b. Review participation rates for the Walk/Bike to School Challenge: Josh shared a handout of the participation rates for the Walk to School challenge that takes place the month of October. 4 Schools were at 100% participation in 2015 (OLP, Immanuel Lutheran, Nasonville, Washington), 2 at 78.6% (Lincoln, Madison), and 2 at 50% or less (St. John's, Grant). Josh discussed that there are several awards available, prizes have increased to 14 gift certificates towards new bikes, 2 for each participating school
  - c. Strategies to increase participation at Grant school were discussed. Ideas included having a "designated drop-off point" for students to walk from (with adjustments by age), or setting up school crossing guards at these drop-off points. Action: Josh will email Brittney King (PE Teacher at Grant).
- 6) Food Waste Study Update
  - a. Lincoln school was unable to switch recess and lunch. A student from UW-Stevens Point will be analyzing the food waste study results. Amy Fassler from the High School did not provide an update. **Action:** Theresa will follow up with Ms. Fassler by email.
- 7) Meeting dates for 2016-17 School Year
  - a. Meeting dates were discussed. Action: Deb will look through academic calendar and will touch base with Stacey for best days, then Laura/Theresa will send Doodle poll to all committee members for upcoming meetings.
- 8) Committee Member Updates
  - a. Lincoln School has a running club on T/Th for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> graders
  - b. John Harrington, a longtime member of the Healthy Lifestyles Coalition, sadly passed away this week due to cancer.
- 9) HL-MAC Committee Updates
- 10) Meeting close

**Commented [ZLD1]:** You may want to add who stated this so we can follow up in the future if needed...was it Sarah?

**Commented [ZLD2]:** Look after we share any updates? If not, state that no updates were shared.

**Future Meetings**  
TBD

